



## Use What You Have and Own It

### Disaster and Emergencies happen. Seconds count. Are You Bunker Ready?

Today, more than ever and in the wake of a world pandemic, natural disasters and harsh weather – the need for being prepared is an understatement. Options are virtually endless in terms of what you need, what you should have, and more.

My Urban Bunker began with friends who have experienced, learned, and lived through a lot of disasters, including military combat and extreme situations where survival didn't mean having everything on hand – it meant having what you need, how to improvise and pushing through when it counted most.

### How to begin...

**Ask yourself one question: “What would I do if I only had?”**

Control what you can control with the right “**Essential Gear**”, know that you have **Options**, and how to improvise in simple, effective, and fast ways so you can **Own It**.

**Gear/Tools:** (not about having a lot of gear or tools, it's about having the right ones.) A knife to cut, cord to tie or build with, combustion to start a fire, and something to cover or shelter with. Staying warm and dry is essential, along with hydration and food.

**Options:** (the right tools give you options to improvise.) Every disaster comes with a unique set of unknowns. Everything from electric, food and shelter to available water (filtration) and length of time for rescue to arrive. Having the right tools in your Bunker bag can help give you the versatility to take on challenges during and following a disaster.

**Own-It:** (Plan, Prepare, Get Out, and SURVIVE.) Knowing what to do and how to use all that you have gives you the ability to own you and your family's survival, with confidence. Yes, unforeseen circumstances make it hard but having a plan and knowing your options can make a difference in a life and death situation.



## TOOLS | OPTIONS | OWN-IT

The key essentials for every basic Bunker Bag. (While more is better, think of it this way... **“what could I do if I only had?”**)

- 1) Paracord
- 2) Knife
- 3) Cover & Shelter
- 4) Fire – flint & steel
- 5) Container and Water Straw



TOOLS	OPTIONS	OWN-IT
<b>Top 5 Essential Tools:</b> <ul style="list-style-type: none"> <li>• Paracord</li> <li>• Knife</li> <li>• Cover</li> <li>• Fire</li> <li>• Container</li> </ul>	<ul style="list-style-type: none"> <li>• Every tool in your kit is multi-functional giving you the flexibility and options to do <i>more</i> when less is all you have</li> <li>• Knowing you have options, how to improvise and be creative – for anything</li> </ul>	<ul style="list-style-type: none"> <li>• Being prepared is more than having tools, it’s about practicing and thinking creatively, exploring scenarios of how each piece (separate or combined) can make the difference</li> </ul>
<b>Paracord</b>	<ul style="list-style-type: none"> <li>• Tying a tarp to trees, fishing line, boot/shoelaces, flossing, dog leash, clothesline, build a splint, or stretcher, and more</li> </ul>	<ul style="list-style-type: none"> <li>• What ideas can you think of for each of these tools?</li> <li>• What other tools can you think of that would be essential for your Bunker Bag?</li> <li>• <b>REMEMBER:</b> <ol style="list-style-type: none"> <li>1. Start with your Plan, (download MyUB’s FREE)</li> <li>2. Prepare your Bunker Bag – essentials</li> <li>3. Practice, practice, practice! (Encourage and share ideas with family, friends, and neighbors)</li> </ol> </li> </ul>
<b>Knife</b>	<ul style="list-style-type: none"> <li>• Cutting fabric for bandages, cutting rope for tying, cleaning fish, self-defense</li> </ul>	
<b>Cover</b>	<ul style="list-style-type: none"> <li>• Tarp to protect from weather conditions and keep your body temperature controlled; add poncho &amp; thermal blanket</li> </ul>	
<b>Fire</b>	<ul style="list-style-type: none"> <li>• Flint-n-steel or a forever match helps you stay warm, use a water filtration straw or cook or boil water to clean...waterproof matches as a backup plan</li> </ul>	
<b>Water/Container</b>	<ul style="list-style-type: none"> <li>• Having a steel bowl in your kit can be used for drinking, boiling water, feeding your dog or eating</li> </ul>	

Visit [myurbanbunker.com](http://myurbanbunker.com) and check out a variety of helpful resources, articles, how-to-videos and more. All developed by our expert survival team to help you and your family - prepare, train, get out alive, and survive.